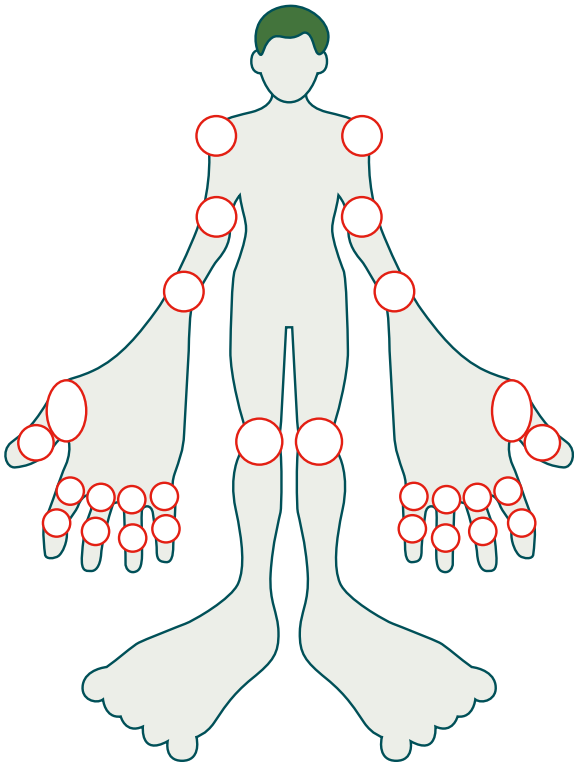




28 Joint Count[†]

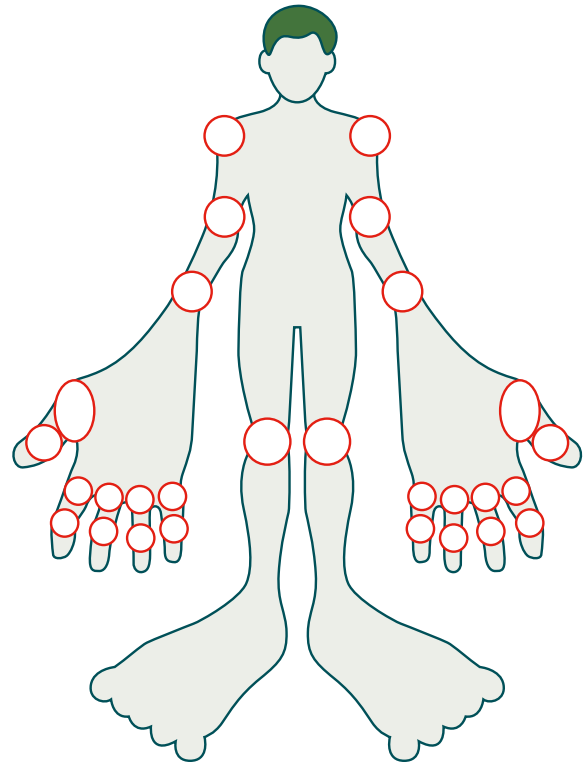
Joints affected

Tender Joint Count (TJC)



Tender Joint Count

Swollen Joint Count (SJC)



Swollen Joint Count

Global Health (GH)

Date

Patient Details (to be completed by HCP/patient)

Note for patients

*Your healthcare professional will instruct you on how to complete your global health status score.

Note for healthcare professionals

[†] If the SJC and TJC are to be completed by the patient they should be given instruction on how to do so by their healthcare professional and provided with access to the EVEREST patient self-assessment video if deemed appropriate.



Striving for the highest level of care

abbvie

Disease Activity Scores

Evaluating treatment response

Physician/Nurse Global Health Assessment (NRS 0-100)

CRP

ESR

How do the numbers correspond to disease activity?				
How is it measured				
CDAI ¹	≤ 2.8	>2.8-10	>10-22	>22
SDAI ²	≤ 3.3	>3.3-11	>11-26	>26
DAS28 ^{3,4}	<2.6	≥ 2.6-3.2	>3.2-5.1	>5.1
What does it mean?	REMISSION	LOW	MODERATE	HIGH
Inflammation	None	Reduced	Present	High
Symptoms	Absent	Weak	Strong	Severe
Physical function	Good	Satisfactory	Limited	Poor
Progression of joint damage	None	Limited	Present	Often

< less than ≤ less than or equal to
> more than ≥ more than or equal to

Please note the above scores are a sample only and are not intended to be an exhaustive list of scores available in rheumatology. These scores require formulae hence it may be necessary to access appropriate calculators for each score.



Striving for the highest level of care

CRP, C-Reactive Protein; **ESR**, Erythrocyte Sedimentary Rate; **CDAI**, Clinical Disease Activity Index; **NRS**, numerical rating scale **SDAI**, Simple Disease Activity Index; **DAS28**, Disease Activity Score in 28 joints

References: 1. Aletaha D, et al. *Arthritis Res Ther*. 2005;7(4):R796-806; 2. Smolen JS et al, *Rheumatology* 2003;42:244-57; 3. van der Heijde DM, et al. *J Rheumatol*. 1993 Mar;20(3):579-8 4. Prevoo ML et al. *Arthritis and Rheumatism*. 1995 Jan;38(1):44-48.